

# Santa Clarita Valley SELPA

## Special Education Community Advisory Committee

Presents:

# Social Emotional Learning & Wellness

Presented by:

Sarah Gilberts & Stephanie Cotcher

“**Social and Emotional Learning (SEL)** is an approach to education that incorporates a student’s ability to learn to understand and manage emotions, set goals, show empathy for others, establish positive relationships, and make responsible decisions. Components for SEL and a whole-student approach to Student Wellness will be discussed, as will its positive effects on educational outcomes and academic performance.

**Location: Bridgeport Elementary**  
23670 Newhall Ranch Road  
Santa Clarita, CA 91355

**Date: Monday, October 14, 2019**

**Times: Business Meeting 6:00 pm**

**Parent Workshop 7:00 pm**

Childcare and Spanish interpreting services are available by calling the SCV SELPA Office  
661-294-5398

